



# WHAT'Z-UP OC

Jan-Feb Issue #25



## 2023

### Welcome Back !

Happy New Year and welcome to 2023 ! We welcomed our residents back home and our staff has worked hard to ensure the smoothest transition into the new year as we get everyone back to routine and restart the formal programme.

January and February has passed in a whirlwind of Valentine's Day celebrations and welcoming 5 new family members to the house.

We have taken advantage of the beautiful summer days and taken multiple dips in the pool, enjoyed some tasty poolside lemonade and leisurely outdoor walks.



*valentines day*



Valentine's Day was celebrated with red and white, cake, music, a braai and of course... LOVE. We try our best to make these holidays fun and as therapeutic as possible. Through various donations and hard work of our amazing staff, we were able to celebrate in a very special way ! Visit our Facebook and Instagram pages for some fun videos of what we have been up to. We are looking forward to Easter and our first Outing in April 2023 !

### Sensory Stimulation Project



The Open Circle has welcomed 5 chicken into our house as part of our sensory stimulation project. It has been amazing to see the responses from the residents. We have been lucky enough to receive a chicken coup as donation to keep them safe and warm. We welcome any and all food donations for these 5 little ladies.

Please contact our Occupational Therapist at [ot@opencircle.org.za](mailto:ot@opencircle.org.za) for any enquiries

