



WHATZ-UP OC

Sep-Oct 2022

ISSUE #23

As one of our residents would say: "The year is almost over !" It has been a fun filled September and October. Excitement for end of year has filled our home for the residents and staff. We have celebrated Heritage Day, had lovely 3rd Occupational Therapy and Community Rehabilitation Worker Students join us for 5 weeks and of course, started enjoying the pool again. Continue reading for more information



Two of our residents work at Oude Molen Eco Village Food Garden and Friends Day Care Centre respectively, and they have had a wonderful year of work. It has been awesome to see the positive impact these placements have had on our residents. We are so very grateful for the continued support we receive from these amazing organizations. The value, purpose, and pride that Supported Employment allows our residents to feel is unmatched. The end of the year is closing in, and they will get to enjoy a working holiday soon, too!



Our residents have put their chef's hats on! From pancakes and muffins to scones and quiches. They have enjoyed making it almost as much as enjoying the fruits of their labor during afternoon teatime 😊 It has served as a wonderfully as a team building exercise for the residents and staff.

3rd Year Occupational Therapy and Community Rehabilitation worker students joined us for 5 weeks. Their contribution continues to be valuable to our facility. Our residents have enjoyed having them with us and were sad to see them go! We wish them the best of luck in their future endeavors.



As always, we celebrated Heritage Day with music, fresh air, face paint and of course... A BRAAI 😊 Please visit our Facebook and Instagram page for more pictures and videos to see what we have been up to.



Our projects have continued, including our **tuckshop and food sales** that are open to the public. Residents have also continued working hard to maintain our sensory garden. We are still in need of a gazebo, vegetable seedlings, a bird bath and feeder, windchimes and more benches to complete this project. If you'd like to **assist**, please contact Gretchen at ot@opencircle.org.za.



We celebrated many birthdays and continued sessions with our incredible music therapist, Kate.

If you would like to **"adopt a resident"** and spoil them with something special for their birthday, please visit <https://opencircle.org.za/how-to-help/#friends>. To see more of what we have been up to, please head over to our **Facebook page** (The Open Circle), or to our **Instagram account** (@opencirclegrouphome) for some great videos.

If you or someone you know of would like to assist, please contact us at manager@opencircle.org.za or head over to our **"How to Help"** tab on our website.

Thank you for your continued support. From our family to yours, with much gratitude!

NPO 120-942 PBO 930049194 VAT 4390270942

(t) 021 510 1259

(w) www.opencircle.org.za

Postal Address: P.O. Box 140 Maitland 7405

Physical Address:

Open Circle, Alexandra Hospital, c/o Annex Way and Alexandra Road, Maitland, Cape Town, 7405

