



WHATZ-UP OC

JANUARY/FEBRUARY 2022

ISSUE #19

It's 2022! We welcomed the **New Year** with much peace and our residents back from their family holidays at the beginning of January. Our staff members have been incredible, ensuring the house is in tip-top shape and making the adjustment back for our residents as smooth as possible. A slow and steady start to our **programme** proved valuable, and residents are happily in routine and enjoying their favourite activities.



Our **music therapist**, Kate, is back and once again providing us with spectacular intervention. We also welcomed our new **locum occupational therapist**, Gretchen, who will be covering for the occupational therapist while on maternity leave.



Our two residents, working at Oude Molen Eco Village Food Garden and Friends Day Centre respectively, have returned to work. We are incredibly humbled and thankful for the support we have received from these organisations. **Supported employment** allows our



residents a sense of purpose and pride that is hard to come by for those with disabilities. Others who participate in vocational activities at Open Circle were able to go on a **shopping trip** as a spoil for working hard over the past several weeks. Our projects are also up and running, including our **tuckshop**



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and **food sales** that are open to the public. Residents have also been working hard to maintain our sensory garden, which received a stunning **donation** of an outdoor bench. We are still in need of a gazebo, vegetable seedlings, a bird bath and feeder, windchimes and more benches to complete this project. If you'd like to **assist**, please contact Gretchen at ot@opencircle.org.za.



February was definitely a month of love, where we celebrated **Valentine's Day** with a braai for residents and staff – creating special bonding moments and memories. We



make sure to spoil our residents, especially for their **birthdays**. If you would like to **"adopt a resident"** and spoil them with something special for their birthday, please visit

<https://opencircle.org.za/how-to-help/#friends>.

To see more of what we have been up to, please head over to our **Facebook page** (The Open Circle), or to our **Instagram account** (@opencirclegrouphome). If you or someone you know of would like to assist, please contact us at manager@opencircle.org.za or head over to our **"How to Help"** tab on our website. We wish all of our supporters a very happy new year – may it be a prosperous one!

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