



WHATZ-UP OC

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ISSUE #13

It's time to catch up with your favourite NPO in the long-awaited issue of Whatz-up OC! Take a look at what we have been up to over the last two months...

Starting the year with a bang, we welcomed our residents back from their holiday on the 4th of January and jumped straight back into our **programme**. Although challenging to maintain social distancing, we are doing all we can to maintain our **COVID-19 protocols** during this trying time. Residents participate in a **variety of activities** and even some vocational work, for which they receive a small stipend.



Our partnership with **Oude Molen Eco Village**, under chairperson Hudson McComb, has flourished and two of our residents are currently volunteering at the Food Garden, under the supervision of Kelly and Michelle. The

residents are loving the experience and are finding much **meaning in caring for the garden**.

Birthdays are very important to us, and we go the extra mile to make sure our residents feel special.



In February, we celebrated **Valentine's Day** with a Karaoke contest, singing only the most famous love songs! We were joined by Surita Linde, from **Pure Legacy**, who was our surprise guest judge. Residents had a beautiful morning and enjoyed a tasty braai for lunch.



We would like to say **thank you** to Pure Legacy for their generous cash donations and are also grateful to Mr Toney Haher for the furniture and equipment donated.

Next month we look forward to welcoming Occupational Therapy **students** from the University of Cape Town for their practical block. We hope their learning experience is a great one and that they enjoy their time with us.

Our residents will also get to go to Kirstenbosch for a long-awaited outing. Due to the international pandemic, outings have been severely limited. **Outings** are important for us, as they give our residents something to look forward to and allow them to have novel experiences.

We will also continue to build our **sensory garden**, a therapeutic project aimed at providing our residents with a rich sensory experience.



At the start of April, we will also conduct our **annual Easter Egg Hunt** for our residents. Any easter egg donations are welcome and can be delivered directly to our premises. Our residents really do love their chocolate!

NPO 120-942 PBO 930049194 VAT
4390270942
(t) 021 510 1259
(w) www.opencircle.org.za
Postal Address: P.O. Box 140 Maitland 7405
Physical Address:
Open Circle, Alexandra Hospital, c/o Annex
Way and Alexandra Road, Maitland, Cape
Town, 7405